



CT WOMEN OF HOPE

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Trisha Fowler



As an advocate for CT Women of HOPE, Trisha helps in day to day operations of the organizations mission. As a team member, she brings nearly a decade of experience to small-scale nonprofit organizations, including organizational structure and pastoral duties. Her personal passion is to create a future where people feel empowered with physical, mental and spiritual wellness. In this organization, it is her vision for women to be able to have the knowledge they need to protect their health, by advocating early detection of ovarian cancer. Trisha joined the CT Women of HOPE Organization to help raise awareness about ovarian cancer, and to support my mother; the president and founder, Joanne Nesbitt.

"When I joined the CT Women of HOPE team, I saw a strength in my mother, (Joanne Nesbitt), that I had never before seen. My mom is such an inspiration to me. Watching her interact with people and bring smiles to their faces is wonderful but watching her bring hope to their lives by providing the resources she didn't have when she was battling this deadly disease is a blessing. She is a beautiful and wonderful blessing to us all and she has inspired me to help make a difference, through this wonderful group." - Trisha

Trisha is active in Integrative/Holistic Medicine, as an Integrative Healing Arts Practitioner, completing her schooling with the Southwest Institute of Healing Arts. It is her goal to offer modalities in the holistic field to the women who come to CT Women of HOPE, seeking respite or someone to talk to. She spent many years of schooling, to learn ways to bring healing in a natural way to people. These modalities include hypnotherapy for pain management and coping strength, auriculotherapy for pain management and emotional support, life coaching, pastoral duties and much more.

"It is my passion to help those who come to CT Women of Hope and help them find peace and comfort while they face this process in their life. I am inspired by their stories and the strength and courage they find to press on and it is my desire to help them, through empathy, compassion and loving care." - Trisha